**Shree Himalaya Vidhya Niketan**

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**Baijanath-5, Araniko Nagar, G Gaun, Banke**

**Class: Four**

**15 days worksheet for lock down period**

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| **Day** | **Subjects** |
| **English** | **Nepali** | **Math** | **Science** |
| Day 1 | Make list of any 5 words yourself with their opposite. | क देखि ज्ञः सम्म बाह्रखरी राम्ररी पढ / | List the odd, even, prime number between 1 to 20. | Definition of vertebrates and its group along with characteristics.  |
| Day 2 | Make meaningful sentences by using following words:1) Located 2) Colour 3) Expensive 4) Clean | क देखि छः सम्म बाह्रखरी राम्रा अक्षर बनाइ लेख / | Solve those equations.a) 2x=8 b) 3x+1=10c)$\frac{4x-2}{2}$=15 | Definition of invertebrates and its phylum along with characteristics. |
| Day 3 | Write the following in their past form by shown following example: get = gotHave, drink, drive, be | नेपालका राष्ट्रिय चिन्हाहरुको नाम लेख /  | Convert as indicateda) 2 minutes and 20 second (Second)b) 3 week (day)c) 15 month (Year and month)d) 180 minutes (hour) | Definition of Natural disaster and its preventative measures. |
| Day 4 | List out any 5 sentences by using structure of past tense. | नेपालका कुनै सात ओटा नदिहरुको नाम लेख / | Convert percent into fraction and reduce into lowest form.a) 10 % b) 18% c)25% d) 40% | Definition of Solar System and its member. |
| Day 5 | Write a letter to your father describing about your picnic day. | नाम भनेको के हो ? नाम कति प्रकारका छन् ? लेख / | Convert fraction into percent.a)$\frac{1}{2}$ b)$ \frac{3}{4}$ c)$ \frac{1}{4}$ d)$ \frac{6}{9}$ | Definition of communicable diseases, its symptoms and preventative measures. |
| Day 6 | List out any 5 good work. | वचन भनेको के हो ? बचन कति प्रकारका छन् ? लेख / | Change these mixed fractions into improper fraction.a)1$\frac{1}{2}$ b)3$\frac{4}{6}$ c) 2$\frac{2}{3}$ d)2$\frac{4}{5}$ | Definition of non-communicable disease and its preventative measures. |
| Day 7 | Make a general conversation with your brother about his homework in 4 sentence. | एक पृष्ठ सफा अक्षर किताबबाट सारेर लेख / | Write roman number from 1 to 50. | Definition of matter and its types. |

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| **Day** | **Subjects** |
| **English** | **Nepali** | **Math** | **Science** |
| Day 8 | Describe about your mother in one paragraph. | आफु बिरामी भै विद्यालय आउन नसक्नुको कारण खुलाई प्रधानाध्यापकलाई एउटा निवेदन लेख / | List the name of triangle on the basis of side and angle. | Definition of energy and different form of energy. |
| Day 9 | Write any five importance of water. | दिइएका शब्दहरुलाई शुद्द बनाएर लेख /समए, साथि, नेपालि, पानि | The cost of 4 pens is 60, find the cost of 7 pens. | Definition of terrestrial and aquatic animals and plants. |
| Day 10 | List out any 5 materials of making pakauda. | तिम्रो परिवारका सम्पूर्ण सदस्यहरुको नाम क्रमानुसार लेख / | Write the base and co-efficient of the following term.a) 7xy b) ab c)3y d)6c | Definition of weather, season. |
| Day 11 | Write the meaning of following words:1) naughty 2)Extravagant 3) Historians 3) Wonderful | तलका पुलिंगी शब्दहरुको स्त्रिलिंगी शब्द लेख / केटो, काका, दाजु, राजा, भान्जा | A geometry box is 20 cm long, 14 cm broad and 5 cm high. Find its volume. | Definition of reproduction, and different method of reproduction. |
| Day 12 | Describing about ‘Parijat’ on 5 sentence. | कोष्ठमा दिएको निर्देशनका आधारमा वाक्य परिवर्तन गर /क) भाई खाना खान्छ / (वहुवचन)ख) केटो किताब पद्छ / (स्त्रिलिङ्ग)ग) म विद्यालय जान्न / (करण ) | If x=5,y-4 and z=2, find the value of the following.a) x+y+z b)2x+zc)xyz d)2(x+y) | Features of floating, fixed and submerged plants.  |
| Day 13 | Read about articles and their used. | तल दिइएका शब्दहरुलाई वाक्यमा प्रयोग गर /विद्यालय, बाटो, सरसफाई, पानी, किताब | a) 0.53 b) 1.2 +0.2 + 2.31c) 0.34 d)0.5432 +0.98 + 0.22 | Characteristics of 8 planets. |
| Day 14 | Write a set of instructions on how to make a cup of tea. | तल दिइएका शब्दहरुको उल्टो अर्थ दिने शब्द लेख /उकालो, सुख, माथि, नयाँ, कालो, माटो | Find the area of rectangle.a) l=5cm, b=3cm b) l=7cm, b=4cmc) l=4cm, b=2cmd) l=9cm, b=5cm | Definition of herbivorous, carnivorous and Omnivorous animals. |
| Day 15 | Write an essay on the topic of ‘Holi festival’ | आफ्नो बारेमा ५० शब्द नघटाई एक अनुच्छेद लेख / | Find the value of the x.50+60+x=180 | Definition of personal cleanliness and balance diet.  |
|  | Subject teacher: Jhalak ThapaContact No. : 9868369450 | Subject teacher :Saraswati GyawaliContact No. : 9844821781 | Subject Teacher :Rabindra ShahiContact No. : 9869182044 | Subject Teacher :Rabindra ShahiContact No. : 9869182044 |

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| **Day** | **Subjects** |
| **Social** | **Drawing** | **Grammar**  | **Handwriting**  | **Computer** |
| Day 1 | Write the relationship with your neighbours. | Draw a neat and clean picture of mustard plant. | Singular nouns and plural nouns. | Write about our country. 1 page | Write the full form of COMPUTER, C.P.U., DVD, RAM, ROM, CU, CD, LED, LCD. |
| Day 2 | Make a list of occupations of your community. | Draw a picture of house environment and colour it. | Countable nouns and uncountable nouns. | Write about Mt. Everest. 1 page | Define the computer. |
| Day 3 | Draw a picture of celebrating yur favourite festival.  | Draw a picture of School environment and colour it. | Opposite meanings and similar meanings. | Write a story from your book. | Uses of Computer |
| Day 4 | Mention any 4 ways to remove bad custom of society. | Draw neat pictures of any 3 living animals. | Use of capital letters. | Write a poem from your book. | Name of any 3 input devices. |
| Day 5 | Differentiate between natural and cultural heritage. | Draw neat pictures of any 3 Non-living animals. | Punctuation marks. | Write about our school. | Different keys on keyboard. |
| Day 6 | Draw different types of traffic signs. | Draw a picture of a temple and colour it. | Use of articles. | तिमीले सुनेको कुनै कथा लेख / | Name of any 3 output devices. |
| Day 7 | What are the importance of cleaning public places. | Draw a well picture of computer. | Sentence making | Write describing our environment.  | Name of any 4 storage devices. |
| Day 8 | List out the layers of outer structure of the earth and define each of them. | Draw a picture of any 2 domestic animals. | Use of pronouns. | किताबबाट कुनै एउटा लेख /  | Write any 5 tools of paint program. |
| Day 9 | Write the information about our neighbouring countries India and China. | Draw a picture of any 2 wild animal.  | Use of conjunctions. | Write 1 page handwriting describing about your friend. | Different types of computer generations. |

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| **Day** | **Subjects** |
| **Social** | **Drawing** | **Grammar** | **Handwriting** | **Computer** |
| Day 10 | Why is it named Nepal according to Buddhism? | Draw a picture of any 2 vehicle.  | Use of proposition.  | Write a 1 page Nepali handwriting. | Write the full forms of RAM, ROM, LED . |
| Day 11 | Who is martyr? Write names of Martyr of our country. | Draw a picture of rising sun and colour it. | verbs | Write a 1 page Nepali handwriting.  | Characteristics of Computer |
| Day 12 | Make any one domestic animals by using clay. | Draw a picture of camel carrying a load and colour it. | Simple present tense | Write about your village. | The used of pencil tool. |
| Day 13 | Make a beautiful flower and envelope by using paper. | Draw a picture of any two water animal. | Simple past tense  | Write about importance of discipline in student life. | Define the desktop |
| Day 14 | Practice to dance and different hand gestures which are used in dancing. | Draw a picture of Mango tree. | Simple future Tense | Write a 1 page Nepali handwriting. | Define the icons with examples. |
| Day 15 | Practice and sing the national song repeatedly in swor and taal which is given in your book.  | Draw a picture of flying of birds. | Essay writting | Write 1 page handwriting describing our national animal. | Draw the picture of Mouse and T.V. |
|  | Subject Teacher: Karishma PariyarContact No. : 9819529174 | Subject teacher: Jhalak ThapaContact No. : 9868369450 | Subject teacher : Junu ThapaCon. No. : 9816530537 | Subject teacher : Junu ThapaCon. No. : 9816530537 | Subject teacher : Shanti BasnetContact No. : 9815510661 |