



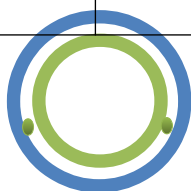
Shree Himalaya Vidhya Niketan
Baijanath-5, Araniko Nagar, G Gaun, Banke

Class: Four

15 days worksheet for lock down period

Day	Subjects			
	English	Nepali	Math	Science
Day 1	Make list of any 5 words yourself with their opposite.	क देखि झः सम्म बाह्रखरी राम्ररी पढ /	List the odd, even, prime number between 1 to 20.	Definition of vertebrates and its group along with characteristics.
Day 2	Make meaningful sentences by using following words: 1) Located 2) Colour 3) Expensive 4) Clean	क देखि छः सम्म बाह्रखरी राम्रा अक्षर बनाइ लेख /	Solve those equations. a) $2x=8$ b) $3x+1=10$ c) $\frac{4x-2}{2}=15$	Definition of invertebrates and its phylum along with characteristics.
Day 3	Write the following in their past form by shown following example: get = got Have, drink, drive, be	नेपालका राष्ट्रिय चिन्हाहरुको नाम लेख /	Convert as indicated a) 2 minutes and 20 second (Second) b) 3 week (day) c) 15 month (Year and month) d) 180 minutes (hour)	Definition of Natural disaster and its preventative measures.
Day 4	List out any 5 sentences by using structure of past tense.	नेपालका कुनै सात ओटा नदिहरुको नाम लेख /	Convert percent into fraction and reduce into lowest form. a) 10 % b) 18% c) 25% d) 40%	Definition of Solar System and its member.
Day 5	Write a letter to your father describing about your picnic day.	नाम भनेको के हो ? नाम कति प्रकारका छन् ? लेख /	Convert fraction into percent. a) $\frac{1}{2}$ b) $\frac{3}{4}$ c) $\frac{1}{4}$ d) $\frac{6}{9}$	Definition of communicable diseases, its symptoms and preventative measures.
Day 6	List out any 5 good work.	वचन भनेको के हो ? वचन कति प्रकारका छन् ? लेख /	Change these mixed fractions into improper fraction. a) $1\frac{1}{2}$ b) $3\frac{4}{6}$ c) $2\frac{2}{3}$ d) $2\frac{4}{5}$	Definition of non-communicable disease and its preventative measures.
Day 7	Make a general conversation with your brother about his homework in 4 sentence.	एक पृष्ठ सफा अक्षर किताबबाट सारेर लेख /	Write roman number from 1 to 50.	Definition of matter and its types.

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Day 8	Describe about your mother in one paragraph.	आफु बिरामी भै विद्यालय आउनु नसक्नुको कारण खुलाई प्रधानाध्यापकलाई एउटा निवेदन लेख /	List the name of triangle on the basis of side and angle.	Definition of energy and different form of energy.
Day 9	Write any five importance of water.	दिइएका शब्दहरूलाई शुद्ध बनाएर लेख / समए, साथि, नेपालि, पानि	The cost of 4 pens is 60, find the cost of 7 pens.	Definition of terrestrial and aquatic animals and plants.
Day 10	List out any 5 materials of making pakauda.	तिम्रो परिवारका सम्पूर्ण सदस्यहरूको नाम क्रमानुसार लेख /	Write the base and co-efficient of the following term. a) $7xy$ b) ab c) $3y$ d) $6c$	Definition of weather, season.
Day 11	Write the meaning of following words: 1) naughty 2) Extravagant 3) Historians 3) Wonderful	तलका पुलिगी शब्दहरूको स्त्रिलिङ्गी शब्द लेख / केटो, काका, दाजु, राजा, भान्जा	A geometry box is 20 cm long, 14 cm broad and 5 cm high. Find its volume.	Definition of reproduction, and different method of reproduction.
Day 12	Describing about 'Parijat' on 5 sentence.	कोष्ठमा दिएको निर्देशनका आधारमा वाक्य परिवर्तन गर / क) भाई खाना खान्छ / (वहुवचन) ख) केटो किताब पढ्छ / (स्त्रिलिङ्ग) ग) म विद्यालय जान्छ / (करण)	If $x=5, y=4$ and $z=2$, find the value of the following. a) $x+y+z$ b) $2x+z$ c) xyz d) $2(x+y)$	Features of floating, fixed and submerged plants.
Day 13	Read about articles and their used.	तल दिइएका शब्दहरूलाई वाक्यमा प्रयोग गर / विद्यालय, बाटो, सरसफाई, पानी, किताब	a) 0.53 b) 1.2 $\underline{+0.2}$ $\underline{+ 2.31}$ c) 0.34 d) 0.5432 $\underline{+0.98}$ $\underline{+ 0.22}$	Characteristics of 8 planets.
Day 14	Write a set of instructions on how to make a cup of tea.	तल दिइएका शब्दहरूको उल्टो अर्थ दिने शब्द लेख / उकालो, सुख, माथि, नयाँ, कालो, माटो	Find the area of rectangle. a) $l=5\text{cm}, b=3\text{cm}$ b) $l=7\text{cm}, b=4\text{cm}$ c) $l=4\text{cm}, b=2\text{cm}$ d) $l=9\text{cm}, b=5\text{cm}$	Definition of herbivorous, carnivorous and Omnivorous animals.
Day 15	Write an essay on the topic of 'Holi festival'	आफ्नो बारेमा ५० शब्द नघटाई एक अनुच्छेद लेख /	Find the value of the x. $50+60+x=180$	Definition of personal cleanliness and balance diet.
	Subject teacher: Jhalak Thapa Contact No. : 9868369450	Subject teacher : Saraswati Gyawali Contact No. : 9844821781	Subject Teacher : Rabindra Shahi Contact No. : 9869182044	Subject Teacher : Rabindra Shahi Contact No. : 9869182044



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Day	Subjects				
	Social	Drawing	Grammar	Handwriting	Computer
Day 1	Write the relationship with your neighbours.	Draw a neat and clean picture of mustard plant.	Singular nouns and plural nouns.	Write about our country. 1 page	Write the full form of COMPUTER, C.P.U., DVD, RAM, ROM, CU, CD, LED, LCD.
Day 2	Make a list of occupations of your community.	Draw a picture of house environment and colour it.	Countable nouns and uncountable nouns.	Write about Mt. Everest. 1 page	Define the computer.
Day 3	Draw a picture of celebrating yur favourite festival.	Draw a picture of School environment and colour it.	Opposite meanings and similar meanings.	Write a story from your book.	Uses of Computer
Day 4	Mention any 4 ways to remove bad custom of society.	Draw neat pictures of any 3 living animals.	Use of capital letters.	Write a poem from your book.	Name of any 3 input devices.
Day 5	Differentiate between natural and cultural heritage.	Draw neat pictures of any 3 Non-living animals.	Punctuation marks.	Write about our school.	Different keys on keyboard.
Day 6	Draw different types of traffic signs.	Draw a picture of a temple and colour it.	Use of articles.	तिमीले सुनेको कुनै कथा लेख /	Name of any 3 output devices.
Day 7	What are the importance of cleaning public places.	Draw a well picture of computer.	Sentence making	Write describing our environment.	Name of any 4 storage devices.
Day 8	List out the layers of outer structure of the earth and define each of them.	Draw a picture of any 2 domestic animals.	Use of pronouns.	किताबबाट कुनै एउटा लेख /	Write any 5 tools of paint program.
Day 9	Write the information about our neighbouring countries India and China.	Draw a picture of any 2 wild animal.	Use of conjunctions.	Write 1 page handwriting describing about your friend.	Different types of computer generations.

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	Social	Drawing	Grammar	Handwriting	Computer
Day 10	Why is it named Nepal according to Buddhism?	Draw a picture of any 2 vehicle.	Use of proposition.	Write a 1 page Nepali handwriting.	Write the full forms of RAM, ROM, LED .
Day 11	Who is martyr? Write names of Martyr of our country.	Draw a picture of rising sun and colour it.	verbs	Write a 1 page Nepali handwriting.	Characteristics of Computer
Day 12	Make any one domestic animals by using clay.	Draw a picture of camel carrying a load and colour it.	Simple present tense	Write about your village.	The used of pencil tool.
Day 13	Make a beautiful flower and envelope by using paper.	Draw a picture of any two water animal.	Simple past tense	Write about importance of discipline in student life.	Define the desktop
Day 14	Practice to dance and different hand gestures which are used in dancing.	Draw a picture of Mango tree.	Simple future Tense	Write a 1 page Nepali handwriting.	Define the icons with examples.
Day 15	Practice and sing the national song repeatedly in swor and taal which is given in your book.	Draw a picture of flying of birds.	Essay writting	Write 1 page handwriting describing our national animal.	Draw the picture of Mouse and T.V.
	Subject Teacher: Karishma Pariyar Contact No. : 9819529174	Subject teacher: Jhalak Thapa Contact No. : 9868369450	Subject teacher : Junu Thapa Con. No. : 9816530537	Subject teacher : Junu Thapa Con. No. : 9816530537	Subject teacher : Shanti Basnet Contact No. : 9815510661