**Shree Himalaya Vidhya Niketan**

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**Baijanath-5, Araniko Nagar, G Gaun, Banke**

**Class: ONE**

**15 days worksheet for lock down period**

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| **Day** | **Subjects** |
| **English** | **Nepali** | **Math** | **Science** | **Social** |
| Day 1 | Read and write 12 month’s name. | सात बारका नाम लेख र पढ / | Read and write 1 to 30. | Read and write 5 wild animals name. | Read and write colour’s name. |
| Day 2 | Read and write the names of 7 days.  | बाह्र महिनाका नाम लेख र पढ / | Read and write one to thirty. | Read and write 5 domestic animals’ name. | Read and write the name of family members. |
| Day 3 | Read and write capital ‘A’ to ‘Z’. | दुइ अक्षरले बनेका शब्दहरु लेख र पढ / | Read and write counting number.a.  | Read and write parts of humans’ body. | Read and write the names of any 5 transport’s name. |
| Day 4 | Read and write small ‘a’ to ‘z’. | व्यञ्जन वर्णहरु लेख र पढ / (क देखि ज्ञ सम्म) | Read and write any 5 objects shape. | Read and write parts of plant. | Read and write the names of your friends. |
| Day 5 | Read and write ‘Apple’ to ‘Zebra’ | स्वर वर्णहरु लेख र पढ / (अ देखि अः सम्म ) | Read and write any 5 odd numbers.  | Read and write any 5 vegetables’ name. | Read and write the names of places. |
| Day 6 | Read and write the words that have sound ‘a’. | आकार लागेका शब्दहरु लेख र पढ / | Read and write any 5 even numbers. | Read and write any 5 water animals’ name.  | Read and write about the first day of the week. |
| Day 7 | Read and write the vowel’s letters. | ईकार लागेका शब्दहरु लेख र पढ /  | Read and write any 5 devnagari number. | Read and write names of any 5 fruits. | Read and write any 5 indoor games. |
| Day 8 | Read and write the consonant letters. | उकार लागेका शब्दहरु लेख र पढ / | Read and write multiplication table of 2.  | Read and write any 5 living things. | Read and write any 5 outdoor games.  |
| Day 9 | Read and write the word that have sound ‘b’. | तीन अक्षरले बनेका शब्दहरु लेख र पढ / | Read and write multiplication table of 3.  | Read and write any 5 non-living things. | Read and write your father’s name. |

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| **Day** | **Subjects** |
| **English** | **Nepali** | **Math** | **Science** | **Social** |
| Day 10 | Read and write missing letters in the gap. 1) C……w 2) Bir…… | बहुवचन बनाउ /१. केटो = .........२. केटी = ......... | Addition:a. 2+1= b. 1+4 = | Read and write any 5 pet animals’ name. | Read and write your mother’s name.  |
| Day 11 | Make plural. a) Cow = …………. b) Boy = ………….. | चन्द्रबिन्दु लागेका शब्दहरु ५ वटा लेख / | Subtraction:1. 4 - 3 =
2. 7-2 =
 | Read and write any 5 insects name. | Read and write your school’s name.  |
| Day 12 | Match the following. Long RedBlack Short | ५ वटा फलफूलका नाम लेख / | Multiply:a) 2x4 =b) 9x3 =  | Rearrange jumbled words. a. WOL = …………b. NAM = ……….. | Read and write name of any 5 clothes name.  |
| Day 13 | Read and write your Principal’s name. | ५ वटा रङहरुका नाम लेख र पढ / | Divide: a) 16 $÷$2=b) 15 $÷$3 =  | Read and write any 5 birds’ name. | Name of the home:1. Man = ………….2. Lion = …………..3. Fish = ………….. |
| Day 14 | Read and write any 5 things used in classroom.  | उल्टो अर्थ दिने शब्द लेख /१. राम्रो = ............२. बाठो = ............ | Write numbers name.a. 20 = ……………b. 48 = ……………. | Name of their babies. a. Cow = ……………b. Hen = ………….. | Write any 5 festivals’ name. |
| Day 15 | What is your name?  | तिम्रो नाम के हो ?  | Write numerals.a. Ten = …….b. Eleven = …….. | Circle the name of birds. 1. Parrot Cow Fish2. Goat Sparrow Sheep | True false:1. Cow gives us wool. 2. Cow is domestic animal. |

Class Teacher : 1. Bhuwansara Karki (9800595977)

 2. Sita B.K (9812456939)

 3. Kamala Rokaya ( 9804537201)

 4. Rekha Yadav (9864902940)

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| **Day**Class : One | **Subjects** |
| **Drawing** | **Handwriting** | **Reading** | **PLE** |
| Day 1 | Draw a neat and clean picture of house. | Write one page English handwriting. | Read one page from Nepali book. | बिहान उठ्ने बित्तिकै बिस्तारा मिलाउने / |
| Day 2 | Draw a neat and clean picture of flower. | Write one page Nepali handwriting. | Read one page from English book. | आफ्नो किताबहरु राम्ररी मिलाएर राख्ने / |
| Day 3 | Draw a neat and clean picture of ‘jug’. | One Page: My name is ……. | Read english poem. | आफ्नो कपडा पटाउन सिक्ने / |
| Day 4 | Draw a neat and clean picture of tree. | One Page: I live in ……………..  | Read 12 month’s name. | खाना पकाउन सघाउने / |
| Day 5 | Draw a neat and clean picture of fish.  | One Page:म एक कक्षामा पढ्छु / | Read 7 day’s name. | घर झाडु लगाउन सिक्ने /  |
| Day 6 | Draw a neat and clean picture of book. | One page:म विद्यार्थी हु / | Read 5 domestic animals’ name. | फुलमा पानि सिचाई गर्न सिक्ने / |
| Day 7 | Draw a neat and clean picture of pencil. | One Page: म फुटबल खेल्छु /  | Read 5 water animals’ name. | सधै सफा हुन सिक्ने / |
| Day 8 | Draw a neat and clean picture of Bird. | One Page:I love my nation.  | Read name of 5 pet animals. | साबुन पानीले हात मुख धुन सिक्ने /  |
| Day 9 | Draw a neat and clean picture of school. | One Page:म किताब पढ्छु / | Read multiplication table of 2 and 3.  | नङ आफै काट्न सिक्ने /  |
| Day 10 | Draw a neat and clean picture of man. | One Page:म काम गर्छु /  | Read any one Nepali poem. | भाडा माझ्न सिक्ने / |
| Day 11 | Draw a neat and clean picture of Apple. | One Page:I read in class one. | Read English story. | ठुलाबडालाई सम्मान गर्न सिक्ने / |
| Day 12 | Draw a neat and clean picture of fan. | One page: I play games. | Read Nepali Story.  | सानालाई माया गर्न सिक्ने /  |
| Day 13 | Draw a neat and clean picture of ball. | One Page: म भात खान्छु / | Read about fruits name. | घरका सामानहरु मिलाउन सिक्ने / |
| Day 14 | Draw a neat and clean picture of cow. |  One Page:म पत्रिका पढ्छु / | Read about living things  | खाना नपोखेर खान सिक्ने / |
| Day 15 | Draw a neat and clean picture of Mango. | One Page: I get up early in the morning. | Read about your school.  | घर वरपर सफा राख्न सिक्ने /  |

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